

**WOMEN'S FOOTBALL
ASSOCIATION
(EASTERN REGION)**

The Women's Football Association – Eastern Region exists to regulate the game and to promote it to a wider audience

It has embarked upon a development programme which involves the staging of introductory sessions throughout the region and details of these and any other information can be obtained from:

Kim Dipper (Secretary & Development Officer)
1 Denmead Close
Eaton
Norwich NR4 6NB
Tel: 0603 58085

Claire Chapman (Chairperson)
25 St Leonard's Road
Norwich NR1 4BT
Tel: 0603 664394

Women's Football



**The Sports Council
(Eastern Region)**

(Bedfordshire, Cambridgeshire, Essex,
Hertfordshire, Norfolk, Suffolk)

26 Bromham Road,
Bedford MK40 2QP

Tel: 0234 45222



Eastern Region



WOMEN'S FOOTBALL

As a game, football needs no explanation – it is, after all, one of our national games and is the biggest participant sport in the world. What is less well-known is that it is a rapidly developing game for women.

Inspired by the success of the men in the 1966 World Cup, women up and down the country decided there were no physical reasons why they should not play the game. Within three years, a Women's Football Association (WFA) was formed which guided the activities of 50 clubs. Twenty years on from that time, membership of the WFA – now an affiliated member of the Football Association – has grown to almost 250 clubs, with over 8,000 registered players.

More and more women are recognising that football can be as exciting and enjoyable for them as it is for so many men and many new opportunities to play are being encouraged. The WFA has appointed development officers in each of its regions and the game is expanding rapidly through 'come and try' sessions, led by caring, qualified coaches, leading to 5-a-side games and then, perhaps, to the full 11-a-side games.

WHAT DO YOU NEED?

One of football's great attractions is that expensive equipment is not required. At the outset, no specialist equipment needs to be purchased – a pair of robust training or tennis shoes will suffice, along with loose, comfortable clothing. A tracksuit is ideal but a pair of loose fitting trousers and a warm top are adequate.



As your interest grows, you will no doubt wish to acquire a pair of football boots. Your local sports shop will provide advice on what is best and it would be appropriate to consider buying shin-guards at this stage.



WHERE TO PLAY IN THE EASTERN REGION

Basildon LFC, Mrs A. Chamberlain, 1 Porters Close, Brentwood, Essex	0277 261242
Beccles LFC, Jackie Franklin, 1 Farm Close, Chedgrave, Norfolk	0508 20058
Breydon LFC, Mrs Pat Taylor, 40 Lynn Grove, Great Yarmouth, Norfolk	0493 667485
Canary Rangers Claire Chapman, 25 St Leonard's Road, Norwich NR1 4BT	0603 664394
Dunstable LFC, Jean Gray, 20 Lullingstone Drive, Bancroft Park, Milton Keynes MK13 0RB	0908 320443
Hemel Hempstead LFC, Mrs S. Sadler, 8 Pentland, Hemel Hempstead, Herts	0442 216223
Hertford Town LFC, David Rudd, 68 Milton Road, Ware, Herts	0920 467535
Ipswich Town LFC, Angela Locke, 47 Diamond Road, Ipswich, Suffolk IP1 5HN	0473 463073
Leighton Linlade LFC, Rachael James, 19 Manor Park, Houghton Regis, Dunstable, Beds	0582 867117
Luton Daytel LFC, Mrs Eleanor Neaves, 41 Icknield Road, Luton, Beds LU3 2NY	0582 583861
Norwich Falcons LFC, Malcolm Holmes, 6 Hornbeam Close, Sporwston, Norwich	0603 415168
Norwich Wanderers LFC, Rachel Colman, 59 Prince Andrew Road, Norwich NR6 6XQ	0603 627593
Pye LFC, Liz Brennan, 39 Willingham Road, Over, Cambridge CB4 5PD	0954 30514
Queens Park Belles, Kate Lamcraft, 92 Honeyhill Road, Queens Park, Bedford	0234 43552
SJP Chelmsford LFC, Dawn Townsend, 23 St Fabians Drive, Chelmsford, Essex CM1 2PR	0245 284377
Southend LFC, Jaynie Walker, 20 Redstock Road, Southend-on-Sea, Essex SS2 5DJ	0702 462202
Stalham Seahawks LFC, Avis Green, 33 Esdelle Street, Norwich	0603 613600
Stevenage LFC, Jayne White, 24 High Mill, Ware	0920 487337
Suffolk Bluebirds LFC, Peri Green, Evergreen, The Street, Ingham IP31 1NG	0284 84222
Thetford Town LFC, Berni Ryan, 58 Staniforth Road, Thetford, Norfolk	0842 752064
Town & County LFC, Glenda Bird, 1 Burrows Court, Arbours Wood, Northampton	0604 412116
Watford LFC, Debbie Burton, 15 Mutchetts Close, Garston, Watford WD2 7NS	0923 676116